



What matters to

My name:



MENTAL HEALTH SUPPORT TEAM
In partnership with Young Somerset & Somerset NHS Foundation Trust

Important people and pets in my life:

Things that comfort me:

My language, my country,
my home:

Things I need help with (including fears):

Other things that are important to me:

Personal beliefs, practices
and values:

My favourite things (activities, food, movies, sports, games, books, music, tv etc.):

